

FIRST MISSIONARY BAPTIST CHURCH

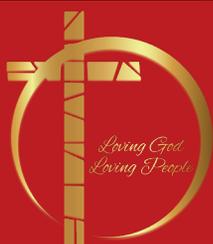
21 Days of CONSECRATION

JANUARY 1-21, 2022



GIVING YOU A GOOD START FOR THE NEW YEAR

Then Joshua said to the people, "Consecrate yourselves, for tomorrow the Lord will do wonders among you." Joshua 3:3



SESSIONS WILL BE HELD VIA ZOOM

WEDNESDAYS IN JANUARY AT 6:30 PM

WEDNESDAY, JANUARY 5TH - EMOTIONAL/MENTAL
HEALTH WEDNESDAY, JANUARY 12TH - PHYSICAL FITNESS
WEDNESDAY, JANUARY 19TH - FINANCIAL STEWARDSHIP

Consecration is to present ourselves to the Lord as a living sacrifice
Consecration is our reasonable response to God's redemption
Consecration is our loving response to Christ's constraining love

BY PARTICIPATING IN FMBC CONSECRATION 2022,
I MAKE A COVENANTAL COMMITMENT TO:

- Speaking to my primary care physician before making any changes to my diet.
- Completing the 21-day fast from January 1st – 21st, no matter how difficult it gets!
- Praying for myself and my church!
- Reading and meditating on God's Word daily!
- Joining the Daily Prayer Call at 7 a.m. (Number 717-908-1834, Access Code 254268#)
- Attending in person or virtually church services associated with the consecration!
- Walking or some form of physical exercise daily!
- BELIEVING GOD!

- Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—everything that you do in life, and allow Jesus to live in you.
- Don't try to fit in with those around you who are not Christians.
- Focus your attention on God and His Word and let him change you from the inside out until you become and behave just like Jesus.
- Recognize what God wants from you, and just do it!
- Allow God to bring out of you what pleases him!
- Your body is a special sacred place, the place where the Holy Spirit lives.
- You can't live however you please.
- God paid a high price for you! He allowed His Son, Jesus, to die for you.
- God owns every part of you. God is the landlord and you are the tenant – you live in His body.
- Let people see God in and through your body.
- We love and serve Christ because of his great love for us.
- Christ died for everyone – One died for all because we were all in the same boat.
- So, now we all live for the One who died and was raised from the dead for us all.

**FOR A COPY OF THE CONSECRATION PACKET AND
COMMITMENT FORM, PLEASE VISIT THE WEBSITE
AT FMBC.ORG OR CONTACT THE FRONT OFFICE.**

FMBC CONSECRATION 2022

January 1-21, 2022

Then Joshua said to the people, "Consecrate yourselves, for tomorrow the Lord will do wonders among you." Joshua 3:3

Consecration is to present ourselves to the Lord as a living sacrifice

"I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, *which is* your reasonable service. ² And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God." Romans 12:1-2

- Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—everything that you do in life, and allow Jesus to live in you.
- Don't try to fit in with those around you who are not Christians.
- Focus your attention on God and His Word and let him change you from the inside out until you become and behave just like Jesus.
- Recognize what God wants from you, and just do it!
- Allow God to bring out of you what pleases him!

Consecration is our reasonable response to God's redemption

1 Corinthians 6:19-20 says, "Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's."

- Your body is a special sacred place, the place where the Holy Spirit lives.
- You can't live however you please.
- God paid a high price for you! He allowed His Son, Jesus, to die for you.
- God owns every part of you. God is the landlord and you are the tenant – you live in His body.
- Let people see God in and through your body.

Consecration is our loving response to Christ's constraining love

2 Corinthians 5:14-15 says, "For the love of Christ constrains us because we have judged this, that One died for all, therefore all died; and He died for all that those who live may no longer live to themselves but to Him who died for them and has been raised."

- We love and serve Christ because of his great love for us.
- Christ died for everyone – One died for all because we were all in the same boat.
- So, now we all live for the One who died and was raised from the dead for us all

Together let's improve our spiritual and physical health through prayer, fasting, daily devotional reading and physical exercise!

FMBC CONSECRATION 2022 - GIVING YOU A GOOD START FOR 2022

FMBC CONSECRATION 2022 - January 1-21, 2022

MEDITATION SCHEDULE FOR DAILY 7 A.M. PRAYER CALLS

WEEK ONE – “Create in me a clean heart, O God” Based on Psalm 51

DAY 1 - ¹Have mercy upon me, O God,
According to Your lovingkindness;
According to the multitude of Your tender mercies,
Blot out my transgressions.

DAY 2 - ²Wash me thoroughly from my iniquity,
And cleanse me from my sin.
³For I acknowledge my transgressions,
And my sin *is* always before me.

DAY 3 - ⁴Against You, You only, have I sinned,
And done *this* evil in Your sight—
That You may be found just when You speak,
And blameless when You judge.
⁵Behold, I was brought forth in iniquity,
And in sin my mother conceived me.

DAY 4 - ⁶Behold, You desire truth in the inward parts,
And in the hidden *part* You will make me to know wisdom.
⁷Purge me with hyssop, and I shall be clean;
Wash me, and I shall be whiter than snow.

DAY 5 - ⁸Make me hear joy and gladness,
That the bones You have broken may rejoice.
⁹Hide Your face from my sins,
And blot out all my iniquities.

DAY 6 - ¹⁰Create in me a clean heart, O God,
And renew a steadfast spirit within me.
¹¹Do not cast me away from Your presence,
And do not take Your Holy Spirit from me.

DAY 7 - ¹²Restore to me the joy of Your salvation,
And uphold me *by* Your generous Spirit.

WEEK TWO - “You Put to Death the Deeds of the Flesh” Based on Romans 8:1-15

DAY 8 - ¹*There is* therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. ²For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

DAY 9 - ³For what the law could not do in that it was weak through the flesh, God *did* by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, ⁴that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

DAY 10 - ⁵For those who live according to the flesh set their minds on the things of the flesh, but those *who live* according to the Spirit, the things of the Spirit. ⁶For to be carnally minded *is* death, but to be spiritually minded *is* life and peace.

DAY 11 - ⁷ Because the carnal mind *is* enmity against God; for it is not subject to the law of God, nor indeed can be. ⁸ So then, those who are in the flesh cannot please God.

DAY 12 - ⁹ But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His. ¹⁰ And if Christ *is* in you, the body *is* dead because of sin, but the Spirit *is* life because of righteousness.

DAY 13 - ¹¹ But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you. ¹² Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh. ¹³ For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

DAY 14 - ¹⁴ For as many as are led by the Spirit of God, these are sons of God. ¹⁵ For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.”

WEEK THREE – “Walk Together in Unity” Based on Ephesians 4:1-7, 11-32

DAY 15 - ¹ I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, ² with all lowliness and gentleness, with longsuffering, bearing with one another in love, ³ endeavoring to keep the unity of the Spirit in the bond of peace. ⁴ *There is* one body and one Spirit, just as you were called in one hope of your calling; ⁵ one Lord, one faith, one baptism; ⁶ one God and Father of all, who *is* above all, and through all, and in you all.

DAY 16 - ⁷ But to each one of us grace was given according to the measure of Christ’s gift. ¹¹ And He Himself gave some *to be* apostles, some prophets, some evangelists, and some pastors and teachers, ¹² for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, ¹³ till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;

DAY 17 - ¹⁴ that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, ¹⁵ but, speaking the truth in love, may grow up in all things into Him who is the head—Christ—¹⁶ from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.

DAY 18 - ¹⁷ This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, in the futility of their mind, ¹⁸ having their understanding darkened, being alienated from the life of God, because of the ignorance that is in them, because of the blindness of their heart; ¹⁹ who, being past feeling, have given themselves over to lewdness, to work all uncleanness with greediness.

DAY 19 - ²⁰ But you have not so learned Christ, ²¹ if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: ²² that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, ²³ and be renewed in the spirit of your mind, ²⁴ and that you put on the new man which was created according to God, in true righteousness and holiness.

DAY 20 - ²⁵ Therefore, putting away lying, “*Let each one of you speak truth with his neighbor,*” for we are members of one another. ²⁶ “Be angry, and do not sin”: do not let the sun go down on your wrath, ²⁷ nor give place to the devil. ²⁸ Let him who stole steal no longer, but rather let him labor, working with *his* hands what is good, that he may have something to give him who has need. ²⁹ Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.

DAY 21 - ³⁰ And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. ³¹ Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. ³² And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

FMBC CONSECRATION 2022

My Commitment!

Then Joshua said to the people, "Consecrate yourselves, for tomorrow the Lord will do wonders among you." Joshua 3:3

Name: _____

First time fasting? Yes No

Which fast will you commit to?

PHYSICAL

Daniel Fast No food from 6am - 6pm No sweet and caffeine Other
 N/A

SOCIAL

No social media Eliminate Television and Movies Total of 1 Hour of non-work Technology a day Other _____ N/A

FINANCIAL

No Frivolous Spending No Personal Spending Eliminate fast food purchases
 Other _____ N/A

What are you believing God for during this consecration? _____

By participating in this consecration, I make a covenantal commitment to:

- Speaking to my primary care physician before making any changes to my diet.
- Completing the 21-day fast from January 1st – 21st, no matter how difficult it gets!
- Praying for myself and my church!
- Reading and meditating on God's Word daily!
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Thank you for making a covenantal commitment to participate in FMBC CONSECRATION 2022!